

2017 National Qualifier and Hopes Classic Competitions

GENERAL & TECHNICAL INFORMATION

Update: 1-09-17

I. CREDENTIALS AND SECURITY

- A. All coaches and judges must hold a current USA Gymnastics Professional Number and Safety Certification. Athletes must be current USA Gymnastics Athlete Members.
- B. No one will be allowed onto the competition floor unless they are participating in the competition.
- C. All Coaches are expected to be in PROPER Professional Gymnastics attire.

II. ORIENTATION MEETING - Judges/Coaches

Orientation Meeting will be held just prior to the competition.

III. MEDICAL

Medical Trainers will be on site for all training and competition sessions.

TECHNICAL INFORMATION

I. TRAINING/COMPETITION VENUE

- A. Athletes may ONLY train in the DESIGNATED gym at the DESIGNATED time.

II. EQUIPMENT

- A. FIG equipment specifications will be used for the International Level competitors with some adjustments.
 - 1) In addition to the 20 cm of matting in the dismount areas an additional 10 cm of matting must be used and NOT moved.
 - 2) For beam there will be a designated dismount area which cannot be changed.
 - 3) Supplemental Matting:
 - Up to two of either manufactured sting mats or 10 cm mats are allowed to be placed separately on the Floor Exercise area. Whenever additional matting is placed on the Floor Exercise area and covers any portion of the boundary line(s), the mat must be clearly marked with tape or chalk to indicate the actual boundary line(s). Mats can be removed or left in place.
 - Junior International, Hopes Level athletes may use a skill cushion (maximum thickness of 8") in addition to the 20 cm (-2 cm tolerance) competition landing mat for release elements on bars. Matting must be removed after release move.
 - Junior International, Hopes Level athletes may place a manufactured sting or 10 cm mat under the bars during competition in addition to the 20 cm base mat. This matting cannot be moved or on top of the 10 cm landing mat.
 - 4) Only the AAI manufactured **100 by 120 cm** Round Off Entry mats are allowed for use in front of the vaulting board for hand placement on Round off entry vaults.
 - 5) Uneven Bars heights may **not** be raised above or lowered from FIG specifications without approval. Bars will be marked and a .50 deduction will be taken for any

gymnast working beyond specifications. The distance between the bars must remain at 180 cm.

- 6) For the International level athletes, there will be two spring board configurations used at Vault -- Six springs (3-1-2) and 8 springs (3-3-2). Beam and Bars will use only one board (soft). Springs may not be moved or replaced.
- 7) **For the HOPES athletes, there will be two spring board configurations used at Vault.** A five (2-1-2) and six spring (3-1-2) for vault. For bars and beam boards you may remove springs to adjust to the Hopes athlete. You must return the spring as soon as your athlete is finished on that event.

VI. DEDUCTIONS REMINDERS

The following FIG is a reminder of some of the deductions for Behavior of the Gymnast and/or the Coach.

Gymnast's Behavior

Incorrect padding	0.30
Incorrect advertising	0.30
Incorrect use of Magnesia	0.50
Missing Start Number	0.30
Incorrect attire (leo, jewelry, bandage)	0.30
Competing out of order	1.00
Exceeding touch warm-up time (one warning given)	0.30
Overtime	0.10
Exceeding fall time (UB 30 seconds/BB 10 seconds) and continuing exercise	0.30
Exceeding intermediate fall time (60 seconds)	Exercise Ended
Unauthorized absence from the Awards Ceremony	Disqualified
Unauthorized remaining on the podium (if used)	0.30
Speaking to active judges	0.30
Starting exercise without signal or when red light is on	Void

Coach Behavior

Spotting assistance (Help)	1.00
Failure to properly use Safety Collar	Void
Failure to use 10cm mat	0.50
Raising apparatus without permission	0.50
Removal of springs without authorization	0.50
Placing springboard on unpermitted surface	0.50
Use of unpermitted supplementary mats	0.50
Moving the supplementary (10 cm) mats or to unpermitted end of beam	0.50
Coach remaining on the podium (except bars)	0.50
JR International coaches may also remain on podium to stand in for Beam dismounts of E or higher	
HOPES coaches may also remain on the podium to stand in for Vault landing & Beam dismounts.	
Unsportsmanlike conduct	Warning – then Removal
Speaking to active judges during competition, speak directly to the gymnast, give signals, shouts (cheers) or similar during the exercise. etc.	1 st time-0.5 & warning
If coach speaks aggressively to active judges	1 st time-1.0 & warning 2 nd time-1.0 & removal

V. FLOOR EXERCISE MUSIC

- A. FX CDs can be checked for speed and clarity during training (see Daily Schedule). No digital / electronic versions will be accepted.
- B. Coaches are responsible for bringing their gymnast's music to the designated music table properly cued. The coach will remain at the music table to provide the music operator with the proper cue. All CDs must be marked with the gymnast's name and club.

VI. NEW ELEMENTS OR VAULTS

Any new elements or vaults that are being performed which are not in the FIG Code of Points must be submitted for evaluation to Rhonda Faehn at rfaehn@usagym.org, or prior to

the orientation meeting to the technical director. Please understand that the evaluations received for any new elements are for within our country only.

VII. VAULT NUMBERS CHART

A vault chart will be posted at the vaulting event. Vault numbers must be shown prior to each vault.

VIII. SCORING

The flashing of D & E scores must be made visible to the coaches after each judgment. A copy of the final results with D & E scores will be available to all coaches after the competition.

IX. INQUIRIES

All inquiries must be given to the Technical Director of the competition. Inquiries will be accepted for consideration for questions regarding D and E Scores. Please understand that after review the D Score and/or Overall Score could be lowered, raised, or remain the same. Inquiries on the E Score may be submitted only if the E scores are outside the following range:

Average E Score = 9.50 (or higher)	(.1 allowable range)
Average E Score = 9.45-9.00	(.3 allowable range)
Average E Score = 8.95-8.00	(.5 allowable range)
Average E Score = 7.95 (or below)	(.8 allowable range)

X. COMPETITION RULES

A. International Seniors and Juniors optional competition:

- 1) FIG Qualification Rules (Competition I) will be used for all events.
- 2) Traditional international warm up rules will be applied for optional competition.
- 3) Pre meet beam warm up will be 30 seconds per athlete for the entire group followed by 1:30 seconds per athlete in competition order.
- 4) **There will be a 30 second touch warm-up for Beam and Floor and 50 seconds for Bars** to include the preparation of the bars. Vault touch will be two attempts only.
- 5) Yurchenko vault values for Seniors - layout 1/1 = 4.4, layout 1.5 = 4.8, Layout 2/1 = 5.4
- 6) Yurchenko vault values for Juniors (& HOPES) - layout 1/1 = 4.6; layout 1.5 = 5.0; layout 2/1 = 5.5
- 7) **Sticking bonus program:** To be eligible for the bonus see the following event requirements.
 - **Vault:** .1 for sticking if the start value is 5.4 or greater. For HOPES .1 for sticking if the start value is 4.6 or greater
 - **Bars & Beam:** .1 for sticking D dismount or higher
 - **Floor:** .1 for sticking one of two options. D or higher acro skill stick or a tumbling pass with a E or higher acro skill directly connected to a lower value acro skill after the E or higher as long as the final element sticks.

A. Hopes division optional rule modifications will be used. See page 4. Sticking bonus as described above is also in affect for the HOPES athletes.

B. Compulsory warm up will be 2 minutes per athlete in the warm up and compete format.

XI. QUALIFYING SCORES

- A. International Senior qualifying score to Classic is 51.00 All Around
- B. 3 Event Senior qualifying score to Classic is 39.0
- C. 2 Event Senior qualifying score to Classic is 26.5
- D. International Junior qualifying score to Classic is a 50.00 All Around
- E. The top 18 in the 10-11 year old and the top 18 in the 12-13 year old (with a minimum score of 45.00 for 10-11 and 48.00 for 12-13) will advance to the HOPES Championships. If one age group does not fill, pull from the other age group from the rank order of HOPES Classic.

XII. AWARDS

Elite Awards for National Qualifiers

For Compulsories – no awards are given.

For National Qualifiers optionals – International level Juniors and Seniors will receive all-around medals only and no individual event medals.

If there are 5 or less gymnasts competing, award first place.

If there are 6 or more gymnasts competing, award first through third place.

Announce the athletes who have reached the optional qualification score.

For HOPES athletes they will receive both all-around and individual event medals.

If there are 5 or less gymnasts competing, award first place.

If there are 6 or more gymnasts competing, award first through third place.

Announce the athletes who have reached the optional qualification score.

Composition Requirements for the 2017 Season for the HOPES Division will follow FIG Requirements with the following changes.

Vault – Raise Yurchenko vault 4.34 to 5.5 start value

Uneven Bars - FIG composition / rule requirements with these alterations:

1. Flight from HB to LB and same bar flight will become:
 - 1 release skill of C or higher/ Value of 0.5
 - 1 release skill of B or higher/ Value of 0.5
 - One different grip element per FIG/ Value 0.25
 - One close bar complete circle element (from group 2,4, & 5)/ Value 0.25
 - 180 degree non flight turn/ Value 0.25
 - Minimum B Dismount - No dismount or A = .00 but give DV/ Value 0.25

Beam - FIG composition / rule requirements with these alterations:

1. Turn from group 3 as per FIG/ Value 0.25 (instead of 0.5)
2. Minimum C Dismount -No dismount or A or B = .00 but give DV / Value 0.25

Floor - FIG composition / rule requirements with these alterations:

1. Dance passage as per FIG/ Value 0.25 (instead of 0.5)
2. Minimum C Dismount - No dismount or A or B = .00 but give DV / Value 0.25

General rules

In addition to standing in on bars, HOPES coaches may also remain on the podium and or in the competition area to stand in for Vault landings & Beam dismounts.

2017 New Element, Vault, or Combination Form

Please complete and submit the following form to Rhonda Faehn

Name of Club _____

Phone number _____

Apparatus: _____

Gymnast: _____

Number: _____

Details of New Element, Vault, or Combination:

Evaluation: