

2017 KPAC Cup HOPES/Elite Qualifier and Invitational Schedule



March 9-12
Greensboro Coliseum
Pink Gym



Thursday, March 9th

Session 1A Compulsory Elite

(See Session Assignments)

9:00-9:20 Open Stretch
9:20-9:25 March in
9:25-12:35 Competition

Session 2A Compulsory Elite

(See Session Assignments)

12:55-1:15 Open Stretch
1:15-1:20 March in
1:20-4:30 Competition

Session 3A Elite/HOPES Optional Qualifier

(See Session Assignments)

5:00-5:20 Open Stretch
5:20-6:35 Event Warmup
6:35-6:40 March in
6:40-8:55 Competition

Friday, March 10th

Session 4A Elite/HOPES Optional Qualifier

(See Session Assignments)

8:00-8:20 Open stretch
8:20-9:35 Event warmup
9:35-9:40 March in
9:40-12:10 Competition

Session 5A Elite/HOPES Optional Qualifier

(See Session Assignments)

12:30-12:50 Open stretch
12:50-2:05 Event Warmup
2:05-2:10 March in
2:10-4:20 Competition

Session 6A Elite/HOPES Optional Qualifier

(See Session Assignments)

4:40-5:00 Open stretch
5:00-6:20 Event warmup
6:20-6:25 March in
6:25-8:35 Competition

Saturday, March 11th

Session 7A Level 6

8:00-8:30 Open stretch
8:30-8:40 March in
8:40-12:00 Competition

Session 8A Level 9

12:30-1:00 Open stretch
1:00-1:10 March in
1:10-4:15 Competition

Session 9A Level 10

4:45-5:15 Open stretch
5:15-5:25 March in
5:25-8:30 Competition

Sunday, March 12th

Session 10A Level 8 (see session assignments)

8:00-8:30 Open stretch
8:30-8:40 March in
8:40-11:45 Competition

Session 11A Level 7 (see session assignments), Level 8, (see session assignments)

12:15-12:45 Open stretch
12:45-12:55 March in
12:55-4:00 Competition

Session 12A Level 7 (see session assignments) Diamond

4:30-5:00 Open stretch
5:00-5:10 March in
5:10-8:15 Competition



USA GYMNASTICS.
Sanctioned Event

2017 KPAC Cup HOPES/Elite Qualifier and Invitational Schedule



March 9-12
Greensboro Coliseum
Orange Gym



Friday, March 10th

Session 1B

Silver (see session assignments)
Level 3

10:00-10:30	Open Stretch
10:30-10:40	March in
10:40-1:15	Competition

Session 2B

Silver (see session assignments)

1:45-2:15	Open Stretch
2:15-2:25	March in
2:25-5:00	Competition

Session 3B

Silver (see session assignments)

5:30-6:00	Open Stretch
6:00-6:10	March in
6:10-8:45	Competition



USA GYMNASTICS.
Sanctioned Event

Saturday, March 11th

Session 4B

Bronze (see session assignments)
Level 2

8:00-8:30	Open Stretch
8:30-8:40	March in
8:40-10:30	Competition

Session 5B

Bronze (see session assignments)

11:00-11:30	Open Stretch
11:30-11:40	March in
11:40-1:30	Competition

Session 6B

Bronze (see session assignments)

2:00-2:30	Open Stretch
2:30-2:40	March in
2:40-4:30	Competition

Session 7B

Platinum

5:00-5:30	Open Stretch
5:30-5:40	March in
5:40-8:45	Competition

Sunday, March 12th

Session 8B

Gold (see session assignments)

8:00-8:30 Open Stretch
8:30-8:40 March in
8:40-12:00 Competition

Session 9B

Gold (see session assignments)

12:30-1:00 Open Stretch
1:00-1:10 March in
1:10-4:30 Competition

Session 10B Level 4 and Level 5

5:00-5:30 Open Stretch
5:30-5:40 March in
5:40-7:45 Competition



USA GYMNASTICS.
Sanctioned Event