

2018 KPAC Cup HOPES/Elite Qualifier and Invitational Schedule



March 8-11
LJVM Coliseum
Pink Gym

See Session Assignments for all Sessions

Thursday, March 8th

Session 1A Compulsory Elite

(See Session Assignments)

9:00-9:20 Open Stretch
9:20-9:25 March in
9:25-12:35 Competition

Session 2A Compulsory Elite

(See Session Assignments)

12:45-1:05 Open Stretch
1:05-1:10 March in
1:10-4:20 Competition

Session 2A Compulsory Elite

4:00-4:20 Open Stretch*
4:20-4:25 March in
4:25-6:00 Competition

Session 3A Elite/HOPES Optional Qualifier

(See Session Assignments)

5:40-6:00 Open Stretch*
6:00-7:15 Event Warmup
7:15-7:20 March in
7:20-9:30 Competition

**Open stretch to take place on
orange floor if needed.

Friday, March 9th

Session 4A Elite/HOPES Optional Qualifier

(See Session Assignments)

9:00-9:20 Open stretch
9:20-10:35 Event warmup
10:35-10:40 March in
10:40-1:10 Competition

Session 5A Elite/HOPES Optional Qualifier

(See Session Assignments)

1:30-1:50 Open stretch
1:50-3:05 Event Warmup
3:05-3:10 March in
3:10-5:20 Competition

Session 6A Elite/HOPES Optional Qualifier

(See Session Assignments)

5:40-6:00 Open stretch
6:00-7:20 Event warmup
7:20-7:25 March in
7:25-9:35 Competition

Saturday, March 10th

Session 7A Level 9

8:00-8:20 Open stretch
8:20-8:30 March in
8:30-11:35 Competition

Session 8A Level 9

11:35-12:05 Open stretch
12:05-12:15 March in
12:15-3:10 Competition

Session 9A Level 10

3:10-3:30 Open stretch
3:30-3:40 March in
3:40-6:45 Competition

Session 10A Level 10

6:45-7:05 Open stretch
7:05-7:15 March in
7:15-10:00 Competition

Sunday, March 11th

Session 11A Level 8 and Diamond

8:00-8:20 Open stretch
8:20-8:30 March in
8:30-11:15 Competition

Session 12A Level 8

11:15-11:35 Open stretch
11:35-11:45 March in
11:45-2:30 Competition

Session 13A Level 8

2:30-2:50 Open stretch
2:50-3:00 March in
3:00-5:45 Competition

Session 14A Platinum

5:45-6:05 Open stretch
6:05-6:15 March in
6:15-9:40 Competition



2018 KPAC Cup HOPES/Elite Qualifier and Invitational Schedule March 8-11 LJVM Coliseum Orange Gym



See Session Assignments for all Sessions

Friday, March 9th	Saturday, March 10th
Session 1B Gold	Session 5B Level 2 and Bronze
8:00-8:20 Open Stretch	8:00-8:20 Open Stretch
8:20-8:30 March in	8:20-8:30 March in
8:30-11:30 Competition	8:30-9:45 Competition
Session 2B Gold	Session 6B Bronze
11:30-11:50 Open Stretch	9:45-10:05 Open Stretch
11:50-12:00 March in	10:05-10:15 March in
12:00-3:00 Competition	10:15-11:40 Competition
Session 3B Level 4	Session 7B Bronze
3:15-3:35 Open Stretch	11:40-12:00 Open Stretch
3:35-3:45 March in	12:00-12:10 March in
3:45-5:40 Competition	12:10-1:35 Competition
Session 4B Level 5	Session 8B Level 3 and Silver
6:00-6:20 Open Stretch	1:45-2:05 Open Stretch
6:20-6:30 March in	2:05-2:15 March in
6:30-8:40 Competition	2:15-4:15 Competition
	Session 9B Silver
	4:15-4:35 Open Stretch
	4:35-4:45 March in
	4:45-7:00 Competition
	Session 10B Silver
	7:00-7:20 Open Stretch
	7:20-7:30 March in
	7:30-9:30 Competition

Sunday, March 11th

Session 11B

Level 6

8:00-8:20 Open Stretch

8:20-8:30 March in

8:30-11:50 Competition

Session 12B

Level 6 and Level 7

12:00-12:20 Open Stretch

12:20-12:30 March in

12:30-3:50 Competition

Session 13B

Level 7

4:00-4:20 Open Stretch

4:20-4:30 March in

4:30-8:15 Competition



USA GYMNASTICS.
Sanctioned Event